Volleyball Rules

General:

1. Teams will consist of 3rd and 4th graders, or 5th and 6th graders.
2. 3rd and 4th grades will use the “Volley-Lite” balls. 5th and 6th will use a regulation volleyball.
3. Matches will start at 9:00 AM and the following games will start on the next 45 min thereafter.
4. 1 official will be on the net ladder. Each team will supply a line judge for every match.
5. There will be 2 coaches per bench max.

Play Rules:

1. Scoring:
   1. 5th and 6th-
      1. Best of 3 set matches OR a **DROP DEAD** 45-minute running clock time limit. If matches are ties 1-1 and score is tied at time limit it will be sudden death on next served ball.
      2. 1st and 2nd sets will be 25 points, win by 2. 3rd set will be 15 points, win by 2
   2. 3rd and 4th-
      1. Will play a 45-minute running clock time limit.
      2. All three sets will be played to 15 points, win by 2.
      3. Teams will not switch sides. This will allow more gameplay.
2. Two timeouts per team per set.
3. **Rally Scoring in all matches**
4. Serve:
   1. Each player will serve a maximum of 5 points. Then that team will rotate to the next player, who will continue service.
   2. All players available will be in the service rotation.
   3. The team that does not serve first will not rotate until the player starting the game in the serve position has served
   4. Player rotation: Players will rotate to the bench after serving and the following the next side out. The player entering the game will enter the game in the center of the back line.
   5. (5th and 6th) Foot fouls will be called, and side out will be given if foot fault occurs. Servers may serve any distance beyond the 20’ line. (FOOT FAULTS WILL BE DETERMINED PER LOCATION)
   6. (3rd and 4th) Foot Fouls will be warned if the server crosses the 15’ line. If warned more than twice player will rotate out of serve and a side out will be given. Servers may serve any distance beyond the 15’ line.
5. We will not use the Libero player.
6. Home team listed will serve first.

We will follow NFHS rules for this league. However, we all need to understand that beginning volleyball players will be challenged passing and handling the ball. We will not call lifts and carries as tightly as they are called in MS or HS.